# Sinocare® iCan

# Continuous Glucose Monitoring System
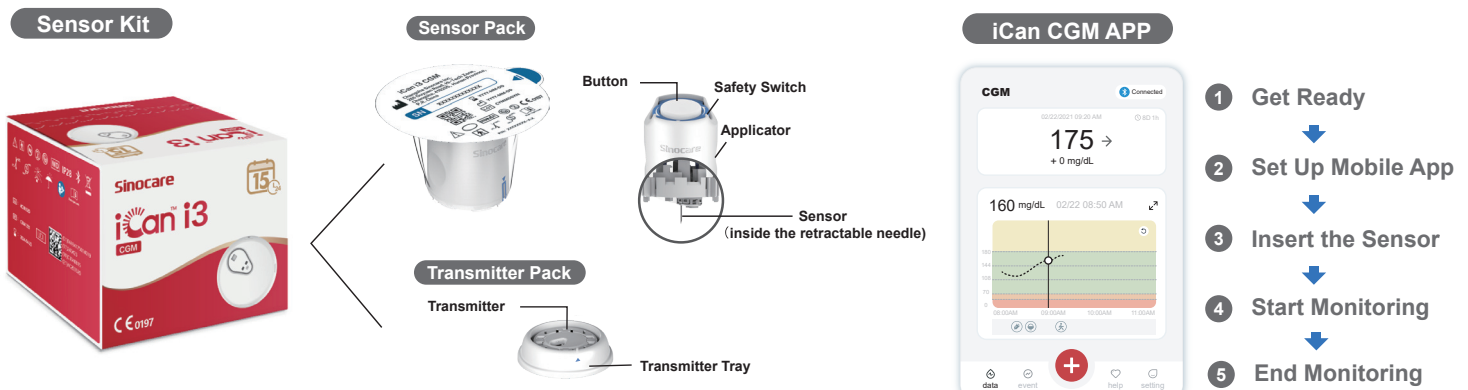## CGM APP-Start up Guide

## i3 CGM System Overview

Refer to your User Guide for full System instructions and information.

The User Guide is provided in electronic form. You can visit iCan-cgm.com website to download a PDF.

If you need a hard copy of the User Guide, please contact the dealer or send the request to the emai: support@icancgm.com. It will be provided within seven days for free.

If you have any questions, please send the email to support@icancgm.com

All graphics are representational. Your product may look different.

**Sensor Kit**

**Sensor Pack**

Button  Safety Switch

Applicator

Sensor （inside the retractable needle）

**Transmitter Pack**

Transmitter

Transmitter Tray

**iCan CGM APP**

1. Get Ready
2. Set Up Mobile App
3. Insert the Sensor
4. Start Monitoring
5. End Monitoring

## 1 Get Started

### Step 1: Install iCan CGM App

Download the iCan CGM APP from App Store or Google Play

Download on the App Store

GET IT ON Google Play

### Step 2: Login to Your iCan CGM Account

**a.** Login if you already have an account.
**b.** Tap "Register" on the bottom if you are new to the system. The App will walk you through informational videos and screens. Tap "Next" to proceed until it brings you to the Scanning QR Code page. Keep your App open throughout the whole time.
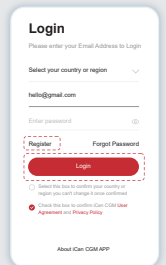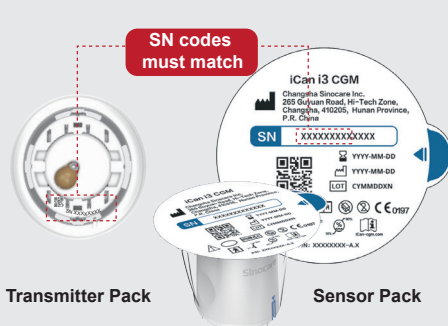
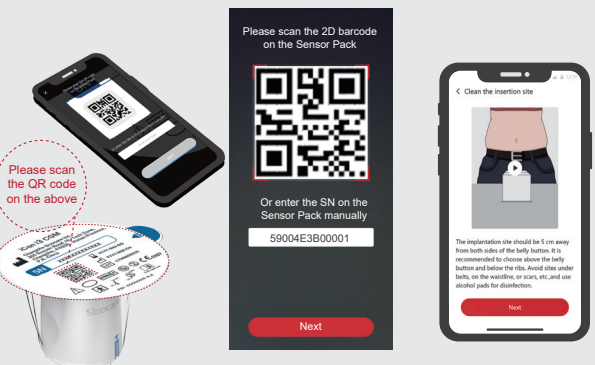## 2 Pair with Transmitter

### Step 1: Pull out the transmitter pack

**Sensor Pack**

Separate
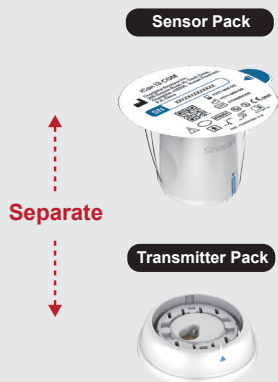
**Transmitter Pack**

Pull out the Transmitter Pack from the bottom of the Sensor Pack box.

### Step 2: Check SN （Serial Number） Codes to Match

SN codes must match

iCan i3 CGM
Changsha Sinocare Inc.
265 Guiyuan Road, Hi-Tech Zone, Changsha, 410205, Hunan Province, P.R. China

SN XXXXXXXXXXXX
YYYY-MM-DD
YYYY-MM-DD
LOT CYMMDDXN

**Transmitter Pack**    **Sensor Pack**

Check the first 8 digits SN codes of Sensor Pack and Transmitter SN codes to match with each other before pairing your Sensor with the Transmitter.

### Step 3: Pair with the Transmitter

Please scan the 2D barcode on the Sensor Pack

Please scan the QR code on the above

Or enter the SN on the Sensor Pack manually

59004E3B00001

Next

Clean the insertion site

The implantation site should be 5 cm away from both sides of the belly button. It is recommended to choose above the belly button and below the ribs. Avoid sites under belts, on the waistline, or scars, etc.,and use alcohol pads for disinfection.

Next

**a.** Open your App and make sure to turn Bluetooth on.
**b.** Login to your account, and using your App to scan the QR Code on the Sensor Pack.
**c.** Pairing happens automatically. Do not close the app and keep it within 6 meters while you proceed to the next step. If you enter the SN code manually, please click "Next" to proceed.
**d.** Keep your phone close by and prepare the insertion in next step

## ③ Insert the Sensor

Please follow the "Continuous Glucose Monitoring System Quick Start Guide" in your package to learn how to insert the sensor.
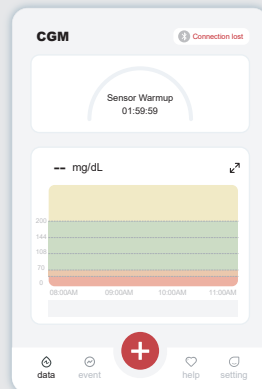
## ④ Start Monitoring

### Step 1: Start CGM sensor

**Get Started**

Start Sensor
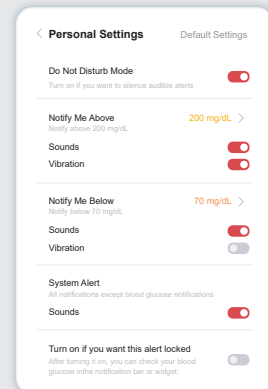
Product Tutorial          Back to Scan
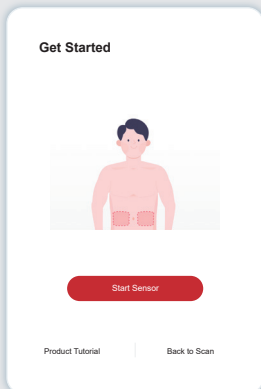
When the sensor is successfully inserted, your CGM App will prompt you to start the sensor. Tap "Start" for next step.

### Step 2: Wait for sensor to warm-up

CGM                    Connection lost

Sensor Warmup
01:59:59

-- mg/dL

200
144
108
70
0
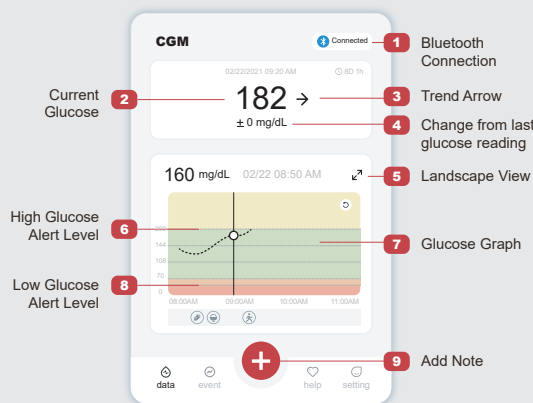08:00AM  09:00AM  10:00AM  11:00AM

data    event         help    setting

Tap"Start" to begin 2-hour sensor warm-up. There will not be any glucose readings or alerts until warm-up has ended. Keep the App open and your smart device within 20 feet of the transmitter during the sensor warm-up.

### Step 3: Set up alerts

‹ **Personal Settings**          Default Settings

**Do Not Disturb Mode**
Turn on if you want to silence audible alerts

**Notify Me Above**          200 mg/dL ›
Notify above 200 mg/dL.
Sounds
Vibration

**Notify Me Below**          70 mg/dL ›
Notify below 70 mg/dL.
Sounds
Vibration

**System Alert**
All notifications except blood glucose notifications.
Sounds

**Turn on if you want this alert locked**
After turning it on, you can check your blood glucose inthe notification bar or widget.

**Caution**: You will always receive an Urgent Low Glucose Alert by default when your sensor glucose value is 55 mg/dL or below. For detailed information regarding glucose alerts and system setup, go to"Important Safety Information" in the Instructions for Use.
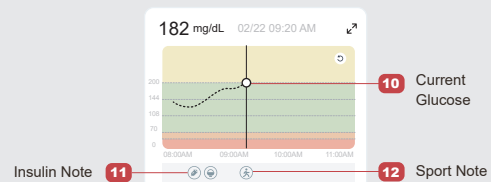
### Step 4: Check your glucose

CGM                    Connected  **1**
02/22/2021 09:20 AM          8D 1h
**2** Current Glucose → **182** →  **3** Trend Arrow
± 0 mg/dL  **4** Change from last glucose reading

160 mg/dL  02/22 08:50 AM  **5** Landscape View
**6** High Glucose Alert Level
**7** Glucose Graph
**8** Low Glucose Alert Level
08:00AM  09:00AM  10:00AM  11:00AM

data  event    help  setting
**9** Add Note

#### Glucose Trend Arrow
Direction your glucose is going

| Arrow | What is means | Arrow | What is means |
|-------|---------------|-------|---------------|
| ⬆ | Glucose rising rapidly | ⬊ | Glucose falling slowly |
| ↑ | Glucose rising quickly | ↓ | Glucose falling quickly |
| ↗ | Glucose rising slowly | ⬇ | Glucose falling rapidly |
| → | Glucose steady | | |

#### Glucose Graph
Graph of your current and stored glucose readings

182 mg/dL  02/22 09:20 AM

200
144
108
70
0
08:00AM  09:00AM  10:00AM  11:00AM
**10** Current Glucose

Insulin Note **11**          **12** Sport Note

## ⑤ End Monitoring

### Step 1: Confirm the current session is completed

When the 15-day monitoring session is completed, the App will prompt you to change a new sensor or review the History Report.

**Are you sure you want to end this session?**

1.The sensor life still has 13 days.
2.When you end this session, you cannot restart.

No          Hold for 3 sec to end

0%

Your sensor session has ended.

OK, Change new sensor

History Report

Share my AGP report

data  event    help  setting
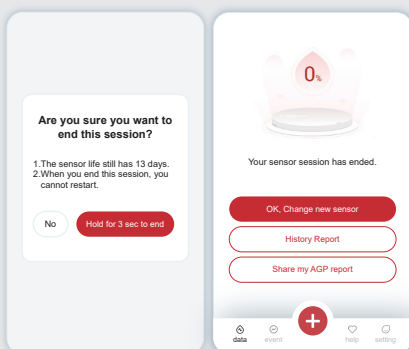
### Step 2: Remove the Sensor

**a.** Pull up the edge of the adhesive.
**b.** Slowly peel the adhesive away from your skin in one motion.
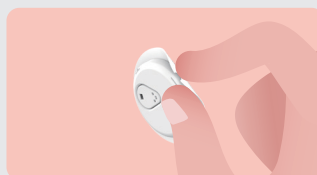
### Step 3: Disposal

Do not touch the sensor and the sensor can not be re-used after removing. Discard the used sensor according to local regulation.